



Independent Training
& Education Consultants

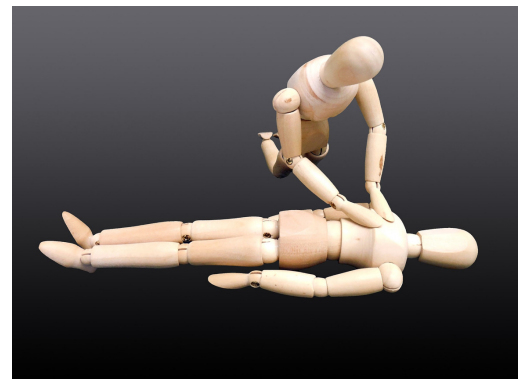
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First Aid at Work

Costs £190+VAT
3 day course

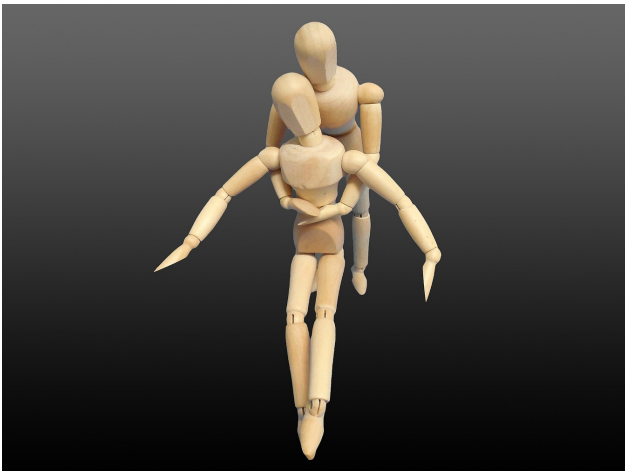
All UK employers have a legal obligation to provide appropriate First Aid provision for their workforce, and many companies choose to have key staff trained as First Aiders. The Level 3 Award in First Aid at Work (QCF) course complies with the Health and Safety (First Aid) Regulations 1981.

The First Aid at Work course gives First Aiders the essential knowledge and skills that they need to carry out their role and deal confidently with major and minor injuries and illnesses. It is suitable for any person who has been designated as a First Aider at work.



Some of the topic areas covered are:

- The duties of employers and the legal framework
- Action in an emergency
- Treating an unconscious casualty or a casualty who is bleeding or wounded
- Cardiopulmonary resuscitation (CPR)
- Injuries to bones and muscles
- Burns and scalds
- Poisoning
- Choking
- Recognising both minor and major illnesses
- Managing the transport of casualties



Refreshments, lunch and all course materials (including a First Aid manual) provided.

Assessment is by a series of practical assessments throughout the duration of the course followed by multiple choice examinations at the end of the first day and also the third day.

Please note that photographic ID is required in order to sit the exams.

Successful delegates will receive an Awards certificate, valid for three years. Before the expiry of this certificate, students who wish to remain First Aiders must take a shorter First Aid Requalification course, which will re-authorise them for a further three years.